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May 14-May 21

Sunday

*Happy Mother's Day!!
Blanket Sunday
Time Capsule Buried*

Monday

12 Noon

Discussion Group

Tuesday

6 pm

Pasta Dinner

7 pm

*Peace & Justice Forum-
Acting*

*Against Global Warming
Following the Climate March*

Thursday

7:30 pm

"Uncoupling"

7:30 pm

ESL

Friday

6:30 pm

Reader's Choice

Saturday

9:00 am

Men's Fellowship Breakfast

Sunday at Emmanuel

The Chapel is open for prayer and meditation before and after our Sunday service.

9:15 am Adult Sunday School

10:30 am Worship with Pastor Gill preaching -
"The Number of Love" Pt. 2

10:30 am Sunday School for Children and Youth

Emmanuel welcomes George Glock as our guest musician.

Inspirational Quote- "Every evening I turn my worries
over to God. He's going to be up all night anyway."

-Mary C. Crowley

Emmanuel Vision Statement

Emmanuel is a growing, welcoming, caring community, celebrating the rich diversity of God's Creation, treasuring our common humanity and following the way of Christ's love, justice and mercy in today's world.

Follow the Emmanuel Facebook Page:

<https://facebook.com/EmmanuelRidgewood>

Upcoming events are on North Jersey event listing

here: <http://www.northjersey.com/events> If you happen upon

any news articles pertaining to Emmanuel, could you please cut

Sunday
"Extravaganza Welcome
Sunday"
7 pm
Women's Reflection Group



Facebook



Website

Monthly Calendar

out

and bring to Jessica's attention in the office for our media archives.

COMMUNITY PASTA DINNER is scheduled for May 16th, at 6 p.m. Please come and bring friends. It is nice to know attendance ahead of time in order to plan accordingly, so please call either the church office, [201-444-7300](tel:201-444-7300), or Marilyn, [201-391-4720](tel:201-391-4720).

PEACE AND JUSTICE FORUM

**"Post-Climate March Action for a More Hopeful Future"
Led by local climate marchers who were among the
200,000 who participated in the Peoples March for Climate,
Jobs and Justice on April 29th in Washington, DC
Peace Lounge, Tuesday, May 16, 7:00-8:30--- following the
Community Pasta Dinner**

The Forum will include comments by community members, a screening of pictures taken at the "March for Climate, Jobs, and Justice" in Washington DC, and sharing among all participants. We will share: reflections on the March; personal climate-saving behaviors; how faith informs our actions; and how we maintain hope for the future in these urgent and compelling times. We'll also stir ourselves with singing, led by Jane Califf!

Partake also in an extra-special treat of mixed-media art! Artist Ruth Bauer Neustadter will display a selection of her art entitled "No Boundaries." This collection deals with social issues including the climate.

PRESENTERS:

- **Jerome Wagner**, President, 350NJ; served 30 years as an Environmental Engineer; an active member at Immaculate Heart of Mary Roman Catholic Church in Wayne, NJ.
- **Amanda Nesheiwat**, Environmental Director for the Town of Secaucus; member of the Youth Working Group for the National Environmental Justice Advisory Council; a United Nations Representative for the Foundation for Post-Conflict Development.
- **Jane Califf**, Community Activist and Educator; Essex County Green Party Renewable Energy Campaign.
- **Mary Ann D'Urso**, a professional Photo-Journalist who rode on the Bloomfield bus and documented the Climate March; www.workinglikemad.com.
- **Dr. Don Wheeler**, Host and Master of Ceremonies, Prof Emeritus, Kean University; active member, Emmanuel Baptist Church; Senior Advisor, NJ Higher Education Partnership for Sustainability (NJHEPS.org).

Members Corner:

An ongoing goal at Emmanuel is to improve communications.

Each month, following the Council Meeting, **Council Highlights** will be listed in **E-Happenings**. You can read the full Council minutes online in the Members' Section. **Minutes are also posted on the bulletin board by the Pastor's office.**

Council Highlights – April 24, 2017 Council Meeting

- Jessica, our Communications Director, has accepted a full-time position with Bergen Community College, but will continue part-time with less hours
- Tara Timpone will teach youth classes
- Pastor Ken suggests we hire an intern to work with Youth and Families
- Uncoupling Group started at Emmanuel
- Time capsule to be buried May 14
- John Giresi proposes a Summer Youth Theater at Emmanuel
- Blanket Sunday Mothers' Day
- Sunday, May 21st – "**Extravagant Welcome Sunday**"
- New bathroom signs and parking signs in place
- Town Meeting May 7th, with presentation on evaluations
- Council will be in charge of Stewardship 2018
- Mid Year Congregational Meeting Sunday, June 25th, following worship

Women of Emmanuel
Cordially invites all women
to a Baby shower (It's A Girl)
for Jennifer Tu
on Saturday, June 17th, 2017
from 3 to 6 pm
Peace Lounge
RSVP to Marilyn

She is registered at Babies R US



Missions

June will be One Great Hour of Sharing. Nancy and Dave Shaver just returned from a trip to India where they visited several schools and hospitals that have been helped by this offering. They

are eager to share some of the excellent work being done by ABCUSA Missionaries in India. Some news from ABCUSA - Lee Spitzer, current Executive Director of ABCNJ, has just been chosen as the General Secretary of ABCUSA (Top position). He will assume this position June 1. The food collection continues with the box in the hallway outside sanctuary. The May collection will be delivered to the Center for Food Action.

WOE

"Out To Lunch" Limoncello, Tuesday June 13th. Price is \$17.00 which includes; appetizer, entree, dessert and coffee all inclusive. Sign up with Marilyn.

Don't forget Reader's Choice on Friday, May 19th

Women of Emmanuel Student Aid: if you are applying, please pick up application in church office, complete, and return to office.

Emmanuel's Social Media Corner Statistics:

Facebook Friends: 221

Facebook Page Likes: 135

Twitter Followers: 20

YouTube Subscribers: 13

Please encourage your family and friends to follow and friend us on Facebook, Twitter, and YouTube.

Follow us

on Facebook at <https://www.facebook.com/EmmanuelRidgewood/>

Follow us on Twitter at <https://twitter.com/Emmanuel07450>

Subscribe and watch our Service Live Stream

at www.TinyURL.com/EmmanuelStream

Emmanuel Website:

Check the Emmanuel Website for updates

at www.emmanuelridgewood.org. Please let your friends and family know that they can submit Online Prayer Requests through the website. Those friends or family members who want to be added to our email list or want to obtain information about events at the church can fill out the Online Contact Us Request Form.

Facility Space Rental:

Those church members or nonmembers who are interested in renting out space at Emmanuel can take a look at the online forms and space rental information

at <http://emmanuelridgewood.org/facility-rental/>

NEW UNCOUPLING GROUP OFFERED IN RIDGEWOOD

A new uncoupling group will be offered to the community on Thursdays at 7:30pm- 9:00pm for a four week span starting May 11th through June 1st at Emmanuel Baptist Church in Ridgewood, NJ. Topics of discussion will include The Emotional Process of Uncoupling on May 11th; Why We Get into Relationships on May 18th; When and How to Part From Relationships on May 25th; and

Healing and Redefining on June 1st. The purpose of the group is to create a supportive environment to affirm and provide assistance in establishing one's self again as an individual outside of the couple unit. Individuals of all ages who have experienced an uncoupling, such as the ending of a relationship, a separation, or a divorce are invited to attend and come as you are. Whether one is reinventing one's self or adjusting to the idea of being without spouse or partner, the group welcomes you. Please RSVP to the Church office at 201-444-7300 or on the Facebook event link at <https://www.facebook.com/EmmanuelRidgewood/> or call Rev. Kenneth Gill at [941-725-0872](tel:941-725-0872).

Rev. Dr. Kenneth Gill, Senior Minister at Emmanuel, will lead the Uncoupling group. Rev. Dr. Gill holds a Master of Divinity from Anderson School of Theology, a Doctor of Ministry from San Francisco Theological Seminary, and has over 20 years of experience in family systems therapy and marriage and family counseling. He has extensive experience in the formation and facilitation of similar support groups.

Emmanuel to hold an exhibit of "No Boundaries" paintings by Ruth Bauer Neustadter

Emmanuel Baptist Church will hold an exhibit of Ruth Neustadter's mixed-media paintings named, "No Boundaries," featuring social issues. Exhibit hours are Sunday, May 14th, 11:30am-2:00pm, May 15th 9:30am-1:00pm, and May 16th 9:30am-1:00pm. The exhibit is held in conjunction with the Peace and Justice Forum on Post-Climate March Action Against Global Warming on May 16th at 7:00pm in the Peace Lounge. All are welcome to attend.

Emmanuel to hold a Peace and Justice Forum on Climate and Global Warming

Emmanuel Baptist Church will hold a forum entitled, "Post-Climate March Action Against Global Warming" on Tuesday, May 16, 2017 at 7:00 p.m. - 8:30 p.m. in the Peace Lounge following the monthly non-fundraising Community Pasta Dinner. Jerome Wagner, Amanda Nesheiwat, Mary Ann D'Urso and other "marchers" will present at the forum. Pre-registration for the Peace and Justice Forum is not required.

Jerome Wagner, President, New Jersey, 350.org, has 30 years experience as an Environmental Engineer, and is an active member and musician at Immaculate Heart of Mary Roman Catholic Church in Wayne, NJ.

Amanda Nesheiwat, Environmental Director for the Town of Secaucus, is a Youth Working Group Member for the National Environmental Justice Advisory Council and a United Nations Representative for the Foundation for Post-Conflict Development. Mary Ann D'Urso, a photo journalist, will offer a slide/video presentation depicting the Climate March.

The program also features an exhibit of mixed-media paintings called "No Boundaries" by Ruth Bauer Neustadter dealing with social issues including the climate.

Emmanuel to hold an "Extravagant Welcome Sunday"

Emmanuel Baptist Church will hold an "Extravagant Welcome Sunday" on May 21st during the 10:30am morning service. Emmanuel announces its affiliation with the Association of Welcoming and Affirming Baptists (A.W.A.B) and celebrates that it is a welcoming and affirming congregation to the L.G.B.T.Q community. New Jersey State senators Tim Eustace and Raymond Lesniak will be special speakers at the event. A reception in the Peace Lounge will follow at 11:30am.

WEEKLY BROWN BAG DISCUSSION ON MONDAYS AT NOON

Emmanuel invites the community to participate in its weekly Brown Bag Discussion Group every Monday at noon in the church library. Participants in the group discuss contemporary literature related to theology, philosophy, and politics. Participants should bring their own brown bag lunch.

EMMANUEL INVITES CHOIR PARTICIPANTS FROM THE COMMUNITY

Emmanuel invites the community to join its new choir. Anyone who has an interest in music and would like to share their musical talent on Sunday mornings is invited to join the choir. All ages and all levels of musical talent are welcome. Please contact the Church office at [201-444-7300](tel:201-444-7300). If you are unable to get through to the church office, contact Musical and Artistic Director, John Giresi, at giresijo@gmail.com.

GOOGLE REVIEWS

Emmanuel needs to increase its visibility on Google. Would congregation members and friends of Emmanuel please write an online review of the church on Google?

Upcoming Events in Ridgewood and the Community May is Mental Health Month and Children's Mental Health Awareness Week

- According to the Centers for Disease Control (CDC), for youth between the ages of 10 and 24, suicide is the third leading cause of death.
- More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, *combined*.
- It results in approximately 4600 lives lost each year.
- Each day in our nation there are an average of over 5,400 suicide attempts by young people grades 7-12.
- Four out of five teens who attempt suicide have given clear warning signs.
- Kids who are bullied are more than twice as likely to consider suicide, according to a recent study in the Journal of the American Medical Association.
- *(Information courtesy of kids.gov, nimh.nih.gov, samhsa.gov, cdc.gov, [AMA](http://ama.org).)*

TAKE ACTION to raise awareness of mental health and help eliminate the stigma of the disease so recovery can begin. Not sure where to start...find resources listed below – most offer FREE educational sessions and print materials. Host an awareness event, post info on your website, send a blast to your parent and student groups.

DOING NOTHING is not an option.

The steps you take may just be the ones that help save a life.

<https://www.rememberingtj.org/>

<http://www.2ndfloor.org/>

<http://www.ifred.org/>

<http://mindingyourmind.org/>

<http://www.erikaslighthouse.org/>

<http://www.attitudesinreverse.org/>

<http://www.sptsusa.org/>

<http://www.activeminds.org/>

<http://www.apa.org/helpcenter/wellness/>

<https://www.nami.org/>

<http://www.nimh.nih.gov/index.shtml>

<http://www.samhsa.gov/children>

<http://americanspcc.org/facts-teen-suicide/>

<http://www.mentalhealth.gov/>

Lunchtime Health Series in Ridgewood

Ridgewood Health Department in partnership with Ridgewood Parks and Recreation Department offers a new wellness program for adults in Bergen County as part of the CHIP Wellness Initiative.

All programs will take place on the first Thursday of the month from 1pm to 2pm in the Pat Mancuso Senior Lounge of The Community Center, located in Village Hall, 131 N. Maple Ave., Ridgewood. Please bring a brown bag lunch, unless otherwise noted.

Please make sure to register for the Lunchtime Health Series at Ridgewood Health Department, 131 N. Maple Ave., Ridgewood, NJ 07450 or by telephone at [201-670-5500](tel:201-670-5500) ext 245.

Lunchtime Health Series Topics include:

June 1, 2017 Time Management: Find better ways to organize and better manage your time and become more effective with personal and employment tasks. Susan Breithaupt, LCSW, Health Educator, The Valley Hospital

Strengthening Families Program

For Parents and their Children Ages 10-14

Free 7 Week Family Program

4/17/17-6/12/17 (Check for specific program dates)

6:00pm- 8:30pm

Van Riper Ellis Broadway Baptist Church

7-01 River Road, Fair Lawn

Program Description: Parents have found that this program has helped them to connect with other parents, understand their youth more, and communicate better as a family. Many of the youth have found that this program helped them to resist peer pressure, taught them about drugs and alcohol, and helped their families connect. It really is a great opportunity for families. The only requirement is that the family has a child in the age group of the program. When families graduate from the program, they receive a \$100 Visa Gift card. Each week the families receive a free dinner and free babysitting if there are siblings who are too young to be in the program. Families begin the program by eating dinner together. After dinner, the families break up into three groups: parents, youth, and babysitting where parenting skills and life skills are taught. Some of these topics include: parents - Love and Limits, making rules, consequences, and protecting against substance abuse and youth - appreciating family members, peer pressure, and communication. The families then come together and do family bonding games and activities around these topics. Please contact Stephanie Drag, MA, NCC at the Center for Alcohol and Drug Resources of Children's Aid and Family Services at [201-740-7096](tel:201-740-7096) or sdrag@cafsnj.org or visit www.cafsnj.org if you have any questions!

Wider Circle of Prayer & Prayer Group

***Reading, Brian McLaren, The Great Spiritual Migration: How the World's Largest Religion is Seeking a Better Way to be Christian. (Readings now correspond the Chapters discussed in the Adult Class with Pastor Judy on Sunday morning 9:15)

Preface and Introduction.... To take a second look at McLaren's "Faith Journey" that has led to his present thinking...

Did you finish this yet? **Part III. The Missional Migration: From Organized Religion to Organizing Religion**

Appendix II: Fourteen Precepts of Just and Generous Christianity
Appendix III: More on Beliefs— this is well worth reading, but not easy

For a copy of either The Great Spiritual Migration, please ask Jo Marie in the Church office, Pastor Judy or Don Wheeler

PRAYER GROUP MEETING

Next MEETING on Monday, June 5, 2017, 7:30-9:00 pm, led by Pastor Gill.

Bible in the Contemporary World with the Pastor

There will be no Bible studies from May-August, but will resume in September.

Newsletter Due Dates

E-Happenings submissions are due to the Church office on Wednesdays by noon. Expectations are due on May 24th. Please note in the future any submissions for Expectations and E-Happenings which are not received by the deadline will not be included until the following week/month.

Event Planning and Room Use

If you are planning any meetings or activities at the Church in the next several months, please pick up and fill out a 2017 Event Planner form. Please note that events cannot be placed on the Church calendar until a Planner Form has been received. Please contact our Communication Director, Jessica at communications@emmanuelridgewood.org to plan publicity for events. Please plan your submissions 3 weeks prior to the event to ensure proper publicity.

Emmanuel

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201.444.7300
www.emmanuelridgewood.org

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